

開南保營給新生的一封信

## A letter to first-year students of DNHS, KNU

各位新鮮人您們好，首先代表系上所有師生歡迎您加入開南大學保健營養學系這個大家庭。開南大學是一所擁有美麗校園與便捷交通(桃園航空城)於一身的綜合性大學。本校校務健全及擁有堅強的董事會團隊(董事長為中國信託金控公司董事長)。我們相信未來四年，保健營養學系將打造各位同學擁有輝煌的未來人生。

Hello, my dear students. First, on behalf of all the faculty and students in the department, We'd like to welcome you to our family of the Department of Nutrition and Health Sciences at Kainan University. KNU is a comprehensive university with a beautiful campus and convenient transportation (Taoyuan Aerotropolis). The university has a sound administrative system and a strong board of directors (the chairman of the board is also the chairman of CTBC Financial Holding Co.). Thus, DNHS can build a great future with you over the next four years.

開南大學保營系有 7 位專任教師，皆來自國內外知名大學之專業學歷(包括英國牛津大學、美國康乃爾大學、台灣大學、陽明交通大學及海洋大學)與博士學位，以及專業業界兼任老師，提供最完整教育師資。系上老師們除了具備教學及研究上優秀的資歷，我們同時擁有真誠教育學生的兩心(關心與熱心)，讓同學就學無二心。

The DNHS has seven full-time faculty members, who got their PhD degrees from top domestic and international universities (including the University of Oxford, Cornell University, National Taiwan University, National Yang Ming Chiao Tung University, and National Taiwan Ocean University). The DNHS also has adjunct faculty from the nutrition and food industry with their practical skills and expertise; thus, the full-time and adjunct faculty with strong professions can ensure we reach our teaching goals. Moreover, students do not worry about studying at KNU, because all faculty members have professional qualifications in teaching and research, enthusiasm, and patience in taking care of students.

本系培育之方針，是打造各位同學在證照、就業、升學之三位一體教育方針，培育學生擁有營養師及生技營養食品專業人才之目標。本系專業課程設計下，提供同學了解這幾年系上豐碩教學成果。

The DNHS education policy includes professional certifications, employment, and advanced studies. We aim to train students to become nutrition, food science, and biotechnology experts and obtain certificates such as dietitians and food technicians. Here are some achievements from alumni and current students with our tailored educational programs:

一. 國家專業證照部分：應屆畢業生已有多位您們的學長姐，考取營養師證照。

## **1. Professional Certification (national):**

Many of our recent alumni have successfully passed the dietitian exam and received the certificate.

**二. 學生升學部分：**考取多所知名大學研究所，包括：台灣大學生化科技學系、陽明交通大學醫學院生理學科暨研究所、中興大學生物化學研究所、中央大學生醫科學與工程學系碩士班、國立體育大學運動科學研究所營養組、國立台北護理健康大學運動保健碩士班、台北醫學大學代謝與肥胖研究所、中國醫學大學營養學系碩士班、中山醫學大學生化微生物免疫研究所，以及輔仁大學、東海大學、靜宜大學等學校。

## **2. Graduate education (for a master's degree)**

Our graduates have been admitted to master's degrees from famous universities, including:

Department of Biochemical Science and Technology, National Taiwan University Department and Institute of Physiology, National Yang Ming Chiao Tung University Institute of Biochemistry, National Chung Hsing University Department of Biomedical Sciences and Engineering, National Central University Nutrition Group, Graduate Institute of Sports Science, National Taiwan Sport University Department of Exercise and Health Science, National Taipei University of Nursing and Health Sciences Graduate Institute of Metabolism and Obesity Sciences, Taipei Medical University Department of Nutrition, China Medical University, Taiwan Biochemical Microbiology and Immunology, Institute of Medicine of Chung Shan Medical University And universities such as Fu Jen Catholic University, Tunghai University, and Providence University.

**三. 創造實習與就業：**學系與多所知名醫學中心、教學醫院，包括台中榮總、長庚醫院、成功大學附設醫院、台大醫院北護分院、亞東醫院、敏盛醫院、衛福部桃園醫院等，建立實習制度，使同學達到畢業即就業喔。

## **3. Internship and Employment Opportunities**

Having an internship in nutrition in a hospital is critical training for our students, and we have collaborated with famous medical centers and teaching hospitals, including: Taichung Veterans General Hospital, Chang Gung Memorial Hospital, National Cheng Kung University Hospital, National Taiwan University Hospital, Bei-Hu Branch Far Eastern Memorial Hospital, Min-Sheng General Hospital, Taoyuan General Hospital, Ministry of Health and Welfare. This system ensures that students get hired right after graduation.

**四. 積極推動國際化：**本系已有多位學生，與本校日本姐妹校進行交換生，包括日本松蔭大學與日本神田外語大學等。

## **4. Internationalization and Exchange students**

Internationalization is one of the KNU's policies and we encourage students to implement it. Many students in our department have participated in exchange programs with our Japanese sister

schools, including Shoin University and Kanda University of International Studies. Thus, students can study abroad with the exchange programs while fulfilling the internationalization requirement.

此外，開南大學保健營養學系學生參加國內外競賽，獲獎無數。包括：

- (1)第四屆低磷鉀餐盒全國食譜設計大賽 榮獲特別獎 (2025/7)
- (2)「第七屆全國營養相關科系臨床營養技能競賽」榮獲特優 (2025/5)
- (3)「第六屆全國營養相關科系臨床營養技能競賽」榮獲特優 (2024/5)
- (4)全國營養相關科系大專生「精準營養保健料理」競賽榮獲第三名 (2023/5)
- (5)第一屆青年社區健康服務全國競賽-青年實健家 榮獲第二名(2023/3)

Moreover, our students have outstanding accomplishments and have won numerous awards in both domestic and international competitions, such as:

Special Award at the 4th National Low-Phosphorus and Potassium Meal Box Recipe Design Competition (July 2025)

Outstanding Performance Award at the 7th National Clinical Nutrition Skills Competition for Nutrition-Related Departments (May 2025)

Exceptional Performance Award at the 6th National Clinical Nutrition Skills Competition for Nutrition-Related Departments (May 2024)

The 3rd Place at the National Precision Nutrition and Health Cuisine Competition for University Students in Nutrition-Related Departments (May 2023)

The 2nd Place at the 1st Youth Community Health Service National Competition, The Youth Practitioner (March 2023)

在開大的日子裡，期望您能多多參與校內外各項活動並結交志同道合的好朋友，建立專業學識，同時拓展國際視野。系上的系學會與學長姐們也正以雀躍的心情籌備各項迎新活動與系大會迎接您們加入開南保營這個大家庭，期許大家能在四年的大學生活寫下精彩的篇章。

At KNU, you can participate in various on- and off-campus activities, make friends, build professional knowledge, and expand your international horizons. The department's student association and senior students are also joyfully preparing various welcoming events and general meetings to greet you as you join the DNHS family. We look forward to seeing all of you write an excellent chapter in your four years of university life.

系主任 趙文婉

院長 郭鐘達

開南大學保健營養學系

Telephone：(03)3412500# 6250

E-mail:[wwchao@mail.knu.edu.tw](mailto:wwchao@mail.knu.edu.tw)

Address：33857 桃園市蘆竹區開南路 1 號

Chair: Dr. Wen-Wan Chao

Department of Nutrition and Health Sciences, Kainan University

E-mail: [wwchao@mail.knu.edu.tw](mailto:wwchao@mail.knu.edu.tw)

Phone：+886-3-3412500 ext. 6250

**Dean: Dr. Jong Tar Kuo**  
**School of Healthcare Management, Kainan University**  
**E-mail: [jtkuo@mail.knu.edu.tw](mailto:jtkuo@mail.knu.edu.tw)**  
**Phone: +886-3-3412500 ext. 1811**