

開南大學保健營養學系課程規劃表  
(112 學年度入學新生適用)

Curriculum of the Department of Nutrition and Health Sciences, Kainan University, 2023

113/05/14 修訂

通識教育課程 (至少應修 28 學分) General Education (at least 28 credits)	領域 Field	涵蓋學門 Course Subjects
	<b>語文表達</b> (6-10 學分)*註二 Language Expression (6-10 credits)* Note 2	●本國語文學門 2 學分 Mandarin Chinese (2 credits) ●外國語文學門(必修英文課程)4-8 學分*註二 ●Foreign Language (compulsory English course)(4-8 credits)* Note 2
	<b>科學知覺</b> (4 學分)*註三 Scientific Perception (4 credits)* Note 3	●自然科學學門 Natural Sciences ●生命科學學門 Life Sciences ●資訊教育學門 Information Education
	<b>社會實踐</b> (學門任選 4 學分) Social Practice (Any 4 Credits from the Disciplines)	●憲政法治學門 Constitutional Governance and Rule of Law ●社會科學學門 Social Sciences
	<b>人文涵育</b> (學門任選 4 學分) Humanities Cultivation (Any 4 Credits from the Disciplines)	●歷史研究學門 Historical Studies ●人文藝術學門 Humanities and Arts
	<b>全民國防教育軍事訓練</b> National Defense Education and Military Training	選修1學分，至多修習1門，可計入通識自由選修學分，超過1門者，僅供折抵役期，不納入畢業學分。 Select one course for 1 credit, applicable to General Education free electives. Any additional courses will only be counted one time towards reducing mandatory military service time, not graduation credits
	<b>體育</b> Physical Education	1.必修體育課程為2學分，每門課程1學分2學時，共修習2門(體育一、體育二) 2 credits of PE courses are required. Each course is 1 credit with 2 hours of instruction per week. Students must complete 2 courses (PE I and PE II). 2.選修體育課程(休閒體育)至多修習1門(2學分，可計入通識自由選修學分) Students may take up to 1 elective Recreational PE course (2 credits), which can be applied to General Education free elective credits
<b>通識自由選修 4-8 學分(限修通識教育課程)*註二</b> Electives(4-8 credits) General Education Free Electives: 4-8 credits (restricted to General Education courses)* Note 2		
註一、修習各學系訂定之通識排除課程，不納入畢業學分。 Note 1. Credits from general education courses excluded by individual departments will not be counted towards graduation requirements. 註二、外國語文學門修習方式如下： Note 2. The credit requirements for the Foreign Language Discipline are as follows: 1.應用英語學系學生及例外學生僅能修習「必修英文」課程以外之第二外國語文，如：日語、泰語、越語、韓語...等外國語文課程 4 學分(即語文表達領域 6 學分，通識自由選修 8 學分)。 Students from the Department of Applied English and other special status students can only take 4 credits of a second foreign language course other than the 'compulsory English' courses, such as Japanese, Thai, Vietnamese, Korean, etc. (This means 6 credits for the Language Expression Area and 8 credits for General Education Free Electives) 2.各學系若規劃大二以上之 4 學分專業領域英文課程者，外國語學門僅需修習大一必修英文 4 學分(即語文表達領域 6 學分，通識自由選修 8 學分)。 .If departments plan to offer 4-credit professional English courses for sophomores and above, students only need to complete the 4-credit compulsory English course in their freshman year for the foreign language requirement.(This means 6 credits for the Language Expression Area and 8 credits for General Education Free Electives) 3.其餘學系學生外國語文學門課程皆須修習「必修英文」課程 8 學分(即語文表達領域 10 學分，通識自由選修 4 學分)。 4. Other departments' students must complete the 8-credit compulsory English course (10 credits for the Language Expression Area and 4 credits for General Education Free Electives).		

Except for the aforementioned cases, students from other departments must complete 8 credits of 'Compulsory English' courses for the foreign language requirement (i.e., 10 credits in the Language Expression Area, with 4 credits as general education electives).

註三、科學知覺領域修習方式如下：

Note 3. The credit requirements for the Scientific Perception Area are as follows:

1. 資訊管理學系學生需修習科學知覺領域學門任選 4 學分。

Students in the Department of Information Management are required to take 4 credits of their choice from the Scientific Perception Area.

2. 其餘學系學生資訊教育學門課程皆須修習「程式設計類」課程 2 學分，及科學知覺領域學門任選 2 學分。

Except for the aforementioned cases, students from other departments are required to take 2 credits of 'Programming' courses in the Information Education Discipline, and choose 2 credits from the Scientific Perception Area.

課程 Curriculum	第 1 學年 First Year		第 2 學年 Second Year		第 3 學年 Third Year		第 4 學年 Forth Year	
	上學期 Semester 1	下學期 Semester 2	上學期 Semester 1	下學期 Semester 2	上學期 Semester 1	下學期 Semester 2	上學期 Semester 1	下學期 Semester 2
服務學習 (必修) Service Education (Required)	勞作教育一 I Labor Service I 1	勞作教育二 I Labor Service II 1	公益服務一 1 Volunteer Service I 1	公益服務二 1 Volunteer Service II 1				
專業必修科目 (六十三分)(63 credits) Required Courses	營養學概論 2 Introduction to Nutrition 2	病理學 2 Pathology 2	Nutriology I 2 營養學(上) 2	營養學(下) 2 Nutrition II 2	校內實務操作一 1 Campus Practical Training I 1	校內實務操作二 1 Campus Practical Training II 1	食品衛生安全與法規 2 Food Sanitation Safety and Regulations 2	
	生理學 3 Physiology 3	有機化學 2 Organic Chemistry 2	營養學實驗 (上) 1 Nutrition Lab I 1	營養學實驗 (下) 1 Nutrition Lab II 1	膳食療養學及 實驗(上) 3 Therapeutic Nutrition and Practice I 3	膳食療養學及 實驗(下) 3 Therapeutic Nutrition and Practice II 3		
	食物學原理 2 Principles of Food 2	有機化學實驗 1 Organic Chemistry 1	生物化學(一) 2 Biochemistry I 2	生物化學(二) 2 Biochemistry II 2	公共衛生營養學 2 Public Health Nutrition 2	營養評估 2 Nutritional Assessment 2		
	普通化學 2 General Chemistry 2	微生物學 2 Microbiology 2	生物化學實驗 (一) 1 Biochemistry Lab I 1	生物化學實驗 (二) 1 Biochemistry Lab II 1	團體膳食管理及 實驗 3 Quantity-Food Production and Practice 3	營養實習基礎 1 Basic Nutrition Practice 1		
	普通化學實驗 1 General Chemistry Lab 1	微生物學實驗 1 Microbiology 1	專題討論(一) 1 Seminar I 1	專題討論(二) 1 Seminar II 1	營養生化學 2 Nutritional Biochemistry 2			
			生物統計 3 Applied Biostatistic Analysis 3	膳食設計管理 與實驗 3 Meal Playing & Experiment 3	食品化學 2 Food Chemistry 2			
				生命期營養 2 Nutrition in Life Span 2	食品化學實驗 1 Food Chemistry Laboratory 1			

專業選修科目(至少應修 17 學分) 選修科目表見下頁

備註 Notes 1. 本系畢業應修習 128 學分，其中包括：本系「專業必修課程」63 學分、「專業選修課程」17 學分；「通識教育課程」28 學分、「公益服務」2 學分、「勞作教育」2 學分；「自由選修學分」16 學分，開放由學生自由選修學分學程、他系課程或本系課程(不含通識教育課程)。

Students must complete in total of 128 credits for graduation, of which 63 credits should be from required courses, 2 credits from labor service, 2 credits from volunteer service, 17 credits from core optional courses, and 28 credits from general education courses. 16 credits are free optional courses accepted for taking any courses from all departments.

2. 「中五學制生」應增加其畢業應修學分(至少 12 學分)。

The graduation credits of F.5 Education System students are required to increase at least 12 credits.

3. 「通識教育課程」需依通識教育中心規定辦理並達校訂之應修學分規定標準。

Students must complete 'Study Passport' to fulfill the requirement for graduation.

4. 「學習護照」課程為必修零學分，合格後，始得畢業(依開南大學「學習護照」課程施行辦法辦理)。

In order to achieve the graduation threshold, the completed "Student Passport" is required.

5. 本校學生畢業英文門檻依「英文能力畢業門檻實施要點」辦理。

In accordance with the regulations of KNU English Test and English graduation threshold, students must fulfill the English graduation threshold.

6. 本系學生依「開南大學跨領域學習實施辦法」，應完成修習「重點跨領域學分學程、輔系或雙主修」始得畢業。

According to the "Kainan University Interdisciplinary Implementation Measures", students in this department should complete the "Key Interdisciplinary Credit Courses, Minor Departments or Double Majors" before they can graduate.

7. 本課程於 113 年 5 月 14 日校課程委員會議通過，113 年 5 月 14 日教務會議核備。

These courses regulations were passed at the Curriculum Committee Meeting on May 14, 2024, and approved for future references by Academics Affairs Meeting on May 14, 2024.